

PRAYER GUIDE

Matthew 26:40

PRAISE

- For who God is. Focus on one or more of His attributes or something that He has done to make Himself real in your life!
- *Psalm 106:1; 63:6*

WAITING

- Be silent before God – basking in His presence or allowing Him to search your heart and reveal things that need to change!
- *Isaiah 40:31; Psalm 46:10; 139:23-24*

CONFESSION

- Deal with issues, actions, attitudes and thoughts that haven't been glorifying to God!
- *1 John 1:9; Psalm 66:18-19; James 5:16b*

SCRIPTURE PRAYER

- Read a portion of Scripture and make that portion your own personal prayer.
- *Romans 10:17; Jeremiah 23:29*

WATCHING

- Use this time to become Spiritually alert – to the enemy's tactics that he may use to hinder you. Become alert to issues and news around the world that will help you later in your intercession.
- *Matthew 26:41; Mark 14:38; Colossians 4:2*

INTERCESSION

- Standing in the "gap" on behalf of someone else. Worldwide missions, salvation for our nation, town, personal unsaved acquaintances, the church family etc.
- *1 Timothy 2:1-4*

PETITION

- Ask God to meet personal / family needs that have arisen. Ask Him to answer according to His perfect will and His perfect time!
- *Matthew 7:7*

THANKSGIVING

- Focus your thanks on what God has recently done and what you are trusting Him to do in the future!
- *Philippians 4:6; 1 Thessalonians 5:18*

SINGING

- Discover singing alone in the presence of the Lord. Many of the songs we sing are in fact prayers. Use them or make a "new" song in your heart!
- *Psalm 100:2; 105:1-5*

MEDITATION

- Take time to concentrate on God's Word and what He has been saying to you – meditate on how you might be able to practically apply these truths.
- *Joshua 1:7-8; Psalm 5:1-3*

LISTENING

- Ask God very specific questions about difficult problems and situations. Search the Scriptures for specific answers!
- *Ecclesiastes 5:2; 1 Kings 19:9-12*

PRAISE

- End your time of prayer with once again acknowledging God's goodness.
- *Psalm 52:9; 145*